



## The Call Of Gita

Worshipful homage unto the Divine! Loving adorations to the spiritual presence of Gurudev, who out of his infinite love and motiveless Guru-Kripa has brought into being his spiritual centre! It is an ideal set-up for the spiritual unfoldment and a life directed towards the ultimate supreme goal of *Aparokshanubhuti*, transcendental direct Experience absolute or *Atma-jnana*, Self-realisation.

As long as the *jivatma* allows the power of Maya to distract it towards lesser things to scatter the mind over many, then so long does this blessedness remains unutilised, continues to remain in bondage, because of *pramad*, *alasya* and *vishaya-bhoga-vritti* (heedlessness, lethargy and the inveterate tendency to enjoy sense-objects). Though endowed with all things that are necessary for Illumination, Liberation and Blessedness, one continuous to remain in a self-created trap of delusion.

Therefore comes the need for daily sadhana. Every day, there is the need of liberating oneself from this self-created trap, and of determining to do battle with oneself. Every day there is the need to answer the call of Lord Krishna: “*Kshudram Hridaya Daurbalyam Tyaktwottishtha Parantapa* – Cast of this mean weakness of heart, Stand up, O scorchers of fies”. [Gita 2.3] “*Jahi Shatrum Mahaabaaho Kaamaroopam Duraasadam* – Slay thou, O Arjuna, the enemy in the form of desire, which is hard to conquer.” [Gita 3.43] Every day there is the need to answer the call of Upanishads: “*Uttisthata Jagrata Prapya Varannibodhata* – Arise, awake, become enlightened”. [Katha Up. 1.2.4] Even today the call, “Arise and follow me!” (Lord Jesus) has relevance because one does not arise and one does not follow the way that is pointed out by Him. One still continues to follow the mind, the senses and the old ways of thinking, feeling and non-reasoning, of *avichara* and *aviveka*.

There is the necessity to constantly strive to make our entire being God-oriented and God-centred, and to constantly strive to direct our heart, mind and soul in the direction of God. The call of the Gita is to ever move in that direction: “*Tatah Padam Tat Parimaargitavyam Yasmin Gataa Na Nivartanti Bhooyah* – Then that goal should be sought for, whither having gone none returns”. [Gita 15.4] “*Yadgatwaa Na Nivartante Taddhaama Paramam Mama* – Having gone thither, they return not; this is My Supreme abode.” [Gita 15.6] Apply yourself to this task with one-pointedness not allowing your-self to be diverted in any other direction! This is the thing needful.

May God Bless You All!

■ Swami Chidananda