The First Thought In The Morning

Radiant immortal Atman! Beloved devotees of the Lord! You are aspiring souls who aspire after the good life, a life that justifies our existence as rational beings to whom there is no limit to knowledge. The human individual is an amsha or a part of the Cosmic Being. Your very nature, your true identity, your svarupa is identical with, essentially one with, the Supreme Being who is “Anant Guna Sampan – having all virtues to an infinite degree.

How many of you make this truth the basis of your life? How many of you remember and ponder this truth the first thing every morning when you wake up? How many of you constantly affirm and assert the truth that you are inseparably related to the Divine, an inseparable part of the Divine? Why do you not wake up and immediately become filled with awareness: “I am a part of the Universal Spirit, Anant Koti Brahmand Nayak Pratpar Tatva (the lord of innumerable crores of universes, the Supreme Principle)” Why do you think of something mundane, something gross? Why?

Have you ever wondered, “When I have the ability and the potential and when I have been given the opportunity for my ascent into a state of Divine-consciousness, why it is that I am still grovelling in this level in which I was born?” If you do not ask this question and reflect upon it, who will do it for you?

All the scriptures, all the realised souls again and again declare: “You have neither birth nor death, neither bondage nor Liberation, you have neither name nor form. You are the Supreme Being. You are one with the Divine.” Why are you weeping and wailing unnecessarily? The great Acharya Ramanuja says that we are all like sparks that have come from a great blaze. A spark has potential to create a blaze. When you have got the potential, when you have this ability, why is that you only think of alpa, the mundane things, in which there is no sukh (happiness) and which are asat (which have no permanent existence).

Ponder this well. When you wake up in the morning, what is its plane? What is your awareness? Think deeply about it, and be a true jijnasu, a true mumukshu, a true devotee of the Supreme, be a true part of Divinity, a true amsha of Paramatma, and make sure that your life becomes divine. This is the greatest way in which you can bless yourself.

God Bless You!

Swami Chidananda