



## Fulfilment Of Life

Life is precious. Do not think that life is all misery, frustrations, disappointments and disillusionments. No. Among all these passing phases of life, ever remains the great glorious fact that life beckons us to high destiny of attaining our eternal Abode. Attaining the experience of supreme Bliss is our birthright. God is the only Reality. He is the very centre of our life. He is our Goal. Life is not to get stuck in this earth-plane. But it is for making use of it to rise into the blessedness of the blissful Divine communication with Him, and to attain the indescribable Experience of being one with Him and partaking of the sweetness of His essential blissful nature.

Birth, death, pain, sorrow and suffering are all due to ignorance or the lack of knowledge of one's own essential Divine nature. Identification with the body is the great error of man. Mistaking this impure, inert and perishable body for the pure, immortal Atman is truly the great malady. This confined personal identity is ignorance or egoism. Out of it springs desires, and likes and dislikes, cravings and thoughts. To realise the objects of desires, the human being does karma (action) and is thus bound to the wheel of birth and death.

God is self-existent, "*Swayam Prakashit Swayam Jyoti* - the radiant Light of lights. He is the basis of existence. All existence is possible because He exists. The entire universe is in Him. He is inexpressible sweetness. He is the Bliss. The highest Bliss that a human being can think of is but a faint reflection of the Illimitable. He is Peace. All peace springs from Him. He is the marvellous Beauty of beauties, He is the eternal, infinite, unchanging One. More than all these, He is our very own. Let us just know that *God is our own and God is here and now.*

Time is fleeting. Life is very short. We have to cut the knot of ignorance, and experience the Bliss of God. That inner Being alone is real. The sun of knowledge arises in the firmament of your consciousness. So develop love, remember the saints, serve all, see God in all. Discipline the senses and fill yourself with the thought of God. Embrace the whole universe in the arms of your cosmic love. Do something substantial while life is. Pray, get His grace, and quickly finish this journey here, and reach the heavens of eternal delight in Him. Then alone life is fulfilled.

God Bless You!

■ *Swami Chidananda*