



Swami Sivananda – A Spiritual Guide

The lives of great men are like many lights removing the darkness that besets the highway of human progress. Their lofty actions are sources of perennial inspiration. From time immemorial, the refinement of the human nature and the gradual evolution of the human consciousness from its state of grossness and impurity, into an ideal state of purity, goodness and Divine Perfection have been the life's endeavour of numerous great souls through succeeding generations. Truly and inspiringly, a representative of this unforgettable galaxy of blessed awakeners of humanity is the sagely Swami Sivananda of Rishikesh.

Swami Sivananda is filled with the inward power of the Divine as a result of his spiritual illumination attained through a decade of intense penance and meditation, He rose to the role of an awakener and a leader. This one man has sustained the spirit of humanity with his heartening and rousing message of strong positivism and hope, intense spiritual optimism and active endeavour to spiritual attainment. The force of his teachings, the inspiration of his ideal life and the magnetic influence of his powerful personality have come to be felt as a living transforming presence in all. The peoples of today's world – of all walks of life, high and low – find in Swami Sivananda a humane philosopher, a man though uncommon, yet possessed with abundance of commonsense, sympathy and deep understanding of not only their inward spiritual problems and intricate mental conflicts, but also of their simple practical daily difficulties, as well as the intimate personal problems. When truthfulness, selflessness, honesty, purity, moral rectitude seem to be fast vanishing from human society, message of this towering man of wisdom has replanted them in the life of men through simple, universal concept of Divine Life.

Swami Sivanandaji's entire philosophy and outlook is based upon his direct Spiritual Realisation and the resultant deep, unshakable belief in the Supreme Almighty. A vibrant, living faith in this Divine presence pervades all his life and enters into his each and every thought and action. No wonder then that the 'Light and Wisdom' that flow forth from him has the power and the illumining quality of the Divine Source, with which he ever lives in unbroken inner union. And so you feel both lightened and enlightened.

May God Bless You All!

■ *Swami Chidananda*