



Base Your Life Upon Wisdom

Blessed are all of you who have entered into a life that leads to the realisation of the Divinity inherent in you. In all that you do in this life, make sure that it springs from wisdom as the basis of your life, and not from wrong understanding or ignorance. Where there is wisdom as the basis of your life, as the basis of your action, there will be no sorrow for you. Where you allow wisdom to be thwarted by the letting go of the awareness “I am Divine”, wisdom becomes clouded. The great sages term this as *avidya*, ignorance or darkness.

All that is perceived through senses is perishable. Therefore, it is not wise to make these impermanent things our goal. To forget this is unwisdom, and unwisdom is the cause of sorrow. In a state of unwisdom, we take the impermanent as both permanent and real, and we make them as our goal; and then get attached to them. Attachment is the cause of bondage, misery. Attachment clouds one’s understanding, intellect. And happens? Srimad Bhagvad Gita tells us clearly what happens “*Budhi Nashaat Pranashyati* – loss of discriminative intelligence spells ruin to a man”.

Therefore, in your own highest self-interest, it is necessary to have wisdom firmly established in your heart. And from that state of wisdom extend your affection towards all, make use of things, do your duty, fulfil your obligations, but be detached within. It may be a secret between you and God. Be apparently normal, but within yourself be super-normal. This is the key to succeed over the world in a state of serenity and absolute inner equanimity. This is the key message proclaimed by the absolute inner equanimity. This is the key message proclaimed by the Gita – *anasakti* (non-attachment). Established in this awareness, and firmly established in *anasakti*, detachment, we go through life straight towards the Goal, not distracted, not overcome. One of the assurances given by the great world teacher Lord Krishna says: “In this, there is no loss of effort, nor is there any harm. Even a little of this knowledge protects one from great fear.” [Gita 2.40]

A state of awareness totally transforms your entire life and all that you are and you do, and bring about an inner alchemy. The inner transformation is essential and indispensable if you are to pursue your spiritual journey towards the great goal unhampered and continuously. To cross the ocean of samsara, *jnana* brings about right understanding, right understanding brings about detachment, and detachment brings about equanimity. This is the result of inner *anasakti*. May God bless you to be established in awareness and bring triumph over life!

May God Bless You All!

■ Swami Chidananda