Cultivate Noble Thoughts

Radiant immortal Atman! You are sadhakas, seekers. You are expected to be full of vichara, Viveka and jijnasa – spiritual enquiry, discrimination and a keen hunger for knowledge. We bemoan the condition of the world. We regret the deterioration in the individual’s character. But seldom week to know, what are the causes, how can they be remedied, and ‘what can I do, what can be my contribution’.

As a man thinketh, so he becometh. Thought leads to action. Action is the outcome of the thought that has arisen in the mind. Thought is the origin of all human behaviour, all human actions and reactions, and interactions also. If thought is taken care of, then everything that results from it will also be properly taken care of. You sow a thought and reap an action. If you continue to sow such an action, you will reap a habit. Such habits if repeated, bring about character. And character leads to decide the destiny. At the root of it all is thought.

What is to be done? The ideal of Lord Rama may be borne in our heart. That is the only solution, the only right remedy, and the only right key. Noble thoughts should be generated. Sublime ideas and sublime motivations should be created in the hidden interior of the human heart and mind. Then alone the human world will change, human conduct will change and human character will assume new sublime dimensions; man will become a divine child of God. This will not be possible unless we bring about revolution in our thoughts unless we make idealism to be born in our hearts every moment, every day.

Let idealism be born again and again each day in human heart. This is the one way. All other efforts are bound to fail if this fundamental process is not initiated in the human nature. When idealism vanishes, darkness envelops the human world. Man’s interior, the mind, becomes a factory for the manufacture of ignoble thoughts. Man then creates a hell upon earth – his downward descent. Let lofty, noble, sublime idealism, humanitarian, ethical and spiritual idealism, be born in the human heart each day, every moment. Our human thought is the key to human destiny. “Shrotavyo Mantavya NididhyAsitavya – That is to be heard, reflected upon and pondered deeply.”

May God Bless You All!

Swami Chidananda

Seers of Truth, Sages and Rishi’s declare boldly on account of their Self-Realisation. “Do not run after objects. Get Viveka, Vairagya. Renounce the worldly objects. They are sources of misery. Realise Atma. You will get eternal, infinite Bliss and Immortality.”