



The Path of Surrender

Blessed Divinities! I wish to share with you one *bhajan*, which is full of instructions, inspiration and great strength. It goes to the heart of the life that overcomes and triumphs over all obstacles, all trials and tribulations, everything. Its refrain is: “*Sita Ram Sita Ram Sita Ram Kahiye, Jahi Vidhi Raakhe Ram Tahj Vidhi Rahiye*”.

The gist of the *bhajan* is: “O man, in whatever state the Lord has placed you in secular life, be content. Be where God has placed you, and be full of inner serenity, inner joy. Never mind what your mind may say, what people may say. Know that all comes due to the supreme will of the Almighty; everything is in His hands.

“In all conditions, at all times, amidst all experiences in all trials and tribulations be serene be powerful. Rejoice in the Lord knowing that you are safe in His hands. For He, the infinite goodness, love compassion, justice, wisdom, can never do anything that is wrong, harmful or inimical to your highest welfare.”

“Thus by accepting His dispensation for you, surrendering to that great Will, be at rest; keep on chanting His Name, glorify Him, praise Him; ever send your voice towards His throne.”

“Let your hands be always engaged in His service, let your tongue ceaselessly keep chanting His glorious, divine Name. Never think you are alone, abandoned, for it can never happen. For He is the all-pervading, indwelling Lord, who is ever by your side; you are never alone. Know this.”

“Knowing fully well that He is the dispenser of the destiny of all beings, just forbear. Success or failure, gain or loss, good or bad, whatever comes, endure knowing He is the supreme dispenser. Say “His will is most acceptable to me”. Thus accept all conditions and dualities that fill the world and be at peace. In whatever way the Supreme Being has been pleased to keep you, O beloved pilgrim soul, be thou content with His dispensation, and rejoice in glorifying Him and chant His Name ever and ever.”

This is the quintessence of *prapatti marga* (the path of surrender) and *sharanagati rahasya* (the secret of surrender). God speed you and grant you success!

God Bless You All !

■ *Swami Chidananda*