



## Life Is The Portal Of Perfection

Blessed children of the Divine! You are here for the attainment of the Divine Perfection. This is your birthright. For, your life verily derives from the eternal, all-perfect, infinite, Divine Life. Thou art an heir to infinite Beauty, eternal Bliss and indescribable Peace. This splendour is your real nature. This is the true Self within. Thou art Divine.

What is life? To evolve and to manifest the spiritual Principle within you, and to seek and obtain the vision and the Experience of the Divinity concealed behind visible names and forms is life. To live is to worship the ever-present God, to behold the external world as God. All this here is sacred. For the Divine Presence sanctifies all places and all objects. Whatever thou doest, thou doest unto the lord.

Therefore spiritualise your life. This life is the portal to Perfection. Let all your life be pervaded by a spiritual *bhava*. Fill everything – every little thought and sentiment, every single word and deed – with an attitude of intense reverence, devotion and worshipfulness. Live in the awareness of the immanence of the Divine. To live here is to have your being in God. For, God is here and now. Feel this truth. Affirm it, this is the key to blessedness.

Bow down in adoration unto Him before you start the day. Fill your day with the spirit of worshipfulness. See God in all names and forms. Be courteous and polite, kind and generous, merciful and compassionate. Forgive and forget. Do Good unto all. Live to serve others. Root out ego and selfishness. Become a servant of humanity, a messenger of peace and unity. Live and act for the welfare and happiness of all. Control anger. Control hatred by love. Never deceive, harm or hurt others. Strive to be *sadachari* and *paropakari*. Knowing that the living presence of God indwells all beings.

Attain Perfection and Liberation in this very life and become blessed forever. Life is transitory. Time is fleeting. Every moment is precious. Therefore, do not tarry or delay. Waste not time. Be up and doing. Claim thy birthright. Shine with virtue. Be radiant with divinity. Move towards Perfection. May God confer upon you Peace, Bliss and illumination! All success to thee upon the onward journey to Perfection!

God Bless You!

■ Swami Chidananda