



## God Is Ever Ready To Help You

What is our relationship with God? He is the whole and we are a part. Being all-pervading and indwelling, He is our lifelong constant companion from the moment we draw our first breath till our last breath. You are never alone. God is constantly with you, He is your closest companion. He is *sakshi* – a constant silent witness. He knows more about you than you yourself know. You don't know your interior; whereas He knows. He knows you totally, and He also tolerates you totally, with all your shortcomings, minus-points, drawbacks and imperfections. He is an impartial dispenser of the results of our actions. He is keenly aware of your plus points. They weigh with Him. Whereas the minus points do not weigh with Him. He leaves them to us saying that let them solve them.

But if you turn to Him for help in solving our problem, He is ever ready. He is not only ever-patient, ever-tolerant, silent witness, but He is also your guide, friend and philosopher. He wants to guide you in the right direction. If you turn to Him, listen to Him, He is your greatest friend. He gives you the light of higher understanding. He is the helper of the helpless. He never abandons the helpless. He never turns away one who approaches Him for help. He is never deaf to our prayers. He is a very helpful, compassionate, understanding and sympathetic companion. He confers upon us the highest blessedness.

Many a times, even if you don't turn to Him, He comes to your help in the form of seeming difficulties and adverse factors. His blessings come in disguise. Later on you understand: "That adverse factor was a great blessing. While I did not know, God was trying to help me." But He wants us to take the first step towards Him. And the first step towards Him is to recognise that our heart is His dwelling and our body is His moving temple. Thus, we must keep it worthy – clean and pure. Knowing this we must keep out from it all that is un-divine, unspiritual. We say: "It is my privilege to give Him a worthy place. It is my humble privilege to constantly keep it holy, clean and pure by cleansing it every moment of my life." Thus one does everything to keep the inner temple, the sanctum sanctorum, holy, clean and pure. Then, in that pure heart God's great worth dawns. If you turn away from all that is unworthy, and seek only Him, then God works by manifesting within us a keen longing for purification. Through purity comes devotion, through devotion comes dispassion, *vairagya*. And through renunciation one attains the great peace, which is God. One attains Immortality.

God Bless You!

■ *Swami Chidananda*