



Worship That With The Flowers Of Truth

Worshipful homage unto the eternal Reality – the beginning-less, endless, changeless, infinite, all pervading, immanent and indwelling Reality! That is the source, support and ultimate fulfilment of all existence. In that everywhere-present Being, you live, move and have our being. It indwells the heart-shrine of your body-temple, it is nearer to you than yourself. Therefore, your every moment should be divine activity.

Worship Him in the inner shrine of your heart with flowers of truthfulness, honesty, loyalty to your vows, with the flowers of a guileless heart, a frank and simple-hearted dispassion. Worship Him with the flowers of straightforwardness, simplicity, purity and compassion. Worship Him with control of your senses. These are the flowers that are dear to that Being, who is the indweller of your heart. He does not desire costly ingredients for His worship. He is the overlord of countless worlds. What can you give Him? There is nothing that does not belong to Him. But your ego belongs to you, your heart belongs to you, your life belongs to you. If you offer your ego, your heart, your life as flowers at His feet, then indeed His grace will flow unto you.

Our entire lifestyle is pervaded by the concept of *dharma*. Whatever you are, in whatever context you may be, you have a certain *dharma* to fulfil. Your real identity is Divinity. To be true to what you are, and to manifest your real identity by living a divine life is your *dharma*. You are meant to express outside what you are inside. And if you know that you are a part of *Paramatma*, that divinity is your real identity then it becomes your *svadharma* to manifest what you are.

To be true to the teachings of your Guru is truthfulness; to deviate from the teachings of your Guru is falsehood. To be true to the solemn vows you have taken is truthfulness; to give up such vows is to love a life of falsehood. Truth pervades every activity of our life within and without. Therefore, ponder deeply the all-pervasive presence of the principle of truth in your life – inner and outer, subjective and objective, individual and collective – and worship that great Being that shines with the strength of a million suns in your heart-shrine with the flowers of truth. That is the highest worship, and that is your greatest duty.

May God Bless You All! May Gurudev Bless You All!

■ *Swami Chidananda*