



## Keep Open The Doors Of Your Heart

Salutations and prostrations to all the *Brahmavidya Gurus* and to all the great ones! They are all bridges to Liberation, immortality. They are all portals of supreme blessedness. They are all gateways to the highest *Kaivalya Samrajya Moksha* (the Kingdom of final Liberation). They are pioneers upon this great path that leads to supreme Blessedness, attaining which there is no returning into this world of pain and death. Preceding us they have left their footprints upon the sands of time. May you also go that way and attain the same supreme Blessedness that they attained.

Because of them, is experienced a radiant spiritual world of purity, perfection and goodness, hidden beneath the outer, exterior surface of this world of violence, hatred, conflict, clash, selfishness and immortality. There is here and now a radiant world of Divinity. Live in that world, not in this external world. The seen is not real; the unseen is the real. The outer, visible world is not real; the Unseen is real. Focus upon that truth and cross the bridge to Eternity that the ideal and exemplary lives of the sages and saints constitute for humanity.

In their firm footsteps, you can walk upon the path that is radiantly present before you, lit up and illumined by your own awareness that behind the seen there is the Unseen, behind darkness there is Light, behind the screen there is the great Beauty of beauties – the ever present Radiance. Within this body-temple there is the hidden spirit, that is to be focussed upon, that is to be held firmly in your heart, that is to be cherished in your thoughts. There will be a sure and steady progress towards a clearly perceived ideal and goal.

The junction point between two years has on either side a period of supreme Blessedness and auspiciousness potent with infinite possibilities for spiritual evolution. Therefore, make the best use of this period. All the positive forces of radiant and resurgent spirituality are converging upon the junction period filled with great blessedness. Let it not be said of you that blessings were showered upon you and yet you did not receive. Sri Anandamayee Maa used to say: "There may be a downpour of rain, but if a vessel is kept with its bottom up, then it will not collect even a drop of water. Take care how you keep your vessel. You must keep the right side up." Therefore, keep open the doors of your heart. Let it not require to be knocked upon.

May God Bless You All!

■ *Swami Chidananda*