

*Om Shri Ganeshaya Namah  
Salutations to the Remover of Obstacles*

*Om Sri Gurubhyo Namah  
Salutations to the Remover of Darkness & Ignorance*



# Divya Sandesh

The Newsletter of  
**THE DIVINE LIFE SOCIETY OF AUSTRALIA Inc.**

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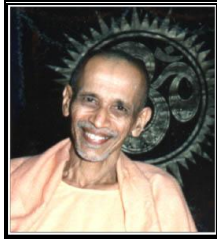
## **Turn Homeward**



Learn wisdom from the saints. They are your saviours. Follow their advice. They will help you, guide you and lead you to your destined goal.  
Turn homeward. Enough of your wanderings in the desert of Samsara. There are a few oases in this desert and they are the saints. Drink deep from them and march to the source, your original home. Satsanga is thy lifeboat. Discrimination is thy compass. Dispassion is thy anchor. O Captain of the soul! Steer thy ship fearlessly in this ocean of Samsara and cross to the other shore of immortal life.

**Swami Sivananda**

## **Goal of Life**



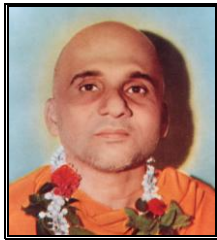
Decide. Make a study of yourself. Try to have a clear picture of your own nature. Draw a picture of yourself; weak points and strong points. Eliminate all the negative qualities. Pray to God constantly. Lead a simple life. Speak the truth at any cost. God will guide you. Having come to this earth plane we should endeavour to lead an ideal life. Kindly practise a little Japa and meditation regularly. Have holy aspiration. Grow in purity. Meditate seriously. Entertain lofty, divine thoughts. You will have Divine Life.

Lead a life of purity and simplicity. Divine Life rests upon the purity of mind and simplicity in life. Take the Lord's Name always. Feel His Divine Presence wherever you go. God is everywhere. There is no place where He is not.

The attainment of God-realisation is the grand goal of life. It's your birthright to attain Divine Consciousness, this blissful experience beyond all sorrow, pain, imperfection. Plunge yourself into selfless service. Selfless service purifies your nature; it develops devotion; it grants you a vision of the Divine.

**Swami Chidananda**

## **Law of Truth**



"Man proposes; God disposes," says an old adage. It does not mean that God is perpetually opposing whatever man does. What really happens is that when man exerts through his egoism in a manner which violates the eternal law of God, he naturally feels frustrated, being beaten back by the Law of Truth.

**Swami Krishnananda**

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## **The Pure and the Impure Mind**

### **Swami Sivananda**

The Sanskrit term for mind is Manas. Manas is said to be of two kinds, the pure and the impure. That which is associated with the thought of desire is the impure, while that which is without desire is the pure. The pure mind is otherwise known by the name higher mind. The impure mind is called lower mind. To men their mind alone is the cause of bondage or emancipation. That mind which is attracted by objects of sense tends to bondage, while that which is not attracted tends to emancipation. There is said to be salvation for a mind without a desire for sensual objects. An aspirant after emancipation should therefore render his mind ever free from all longing after material objects.

The impure mind or Ashuddha Manas is filled with impure Vasanas (tendencies in the mind), Rajas and Tamas and the pure mind or Shuddha Manas is filled with pure Vasanas and Sattva. The impure Vasanas generate rebirths. The pure mind with pure Vasanas leads to Moksha or liberation from births and deaths. The worldly-minded persons work with the lower or the impure mind. They are bound by their Karmas. The liberated sages work with the pure or Sattvic mind (higher mind). They are not bound by their Karmas as they have no egoism and as they do not expect fruits for their actions.

The impure mind is unsteady. It ever fluctuates. It jumps from one object to another. It ever hankers after sensual objects. It is filled with various sorts of fears and pains. The pure mind is steady. It does Brahma Vichara. It rests in Supreme Self. It does not move towards sensual objects. It is free from all sorts of fears and pains.

The impure mind is no other than the Vasanas (subtle desires) that generate countless births. The mind becomes a prey to various kinds of desires through its fluctuation. Fluctuation is

caused by Rajas and Vikshepa Shakti. When the mind fluctuates, it wanders from one object to another object.

The Ajnani or worldly minded man is swayed by the impure mind. He acts according to the dictates of the lower or impure mind. But a sage or Jnani keeps his mind under his perfect control. He acts in accordance with the voice of his intuition.

Just as a washerman removes dirt through dirt, just as a traveller removes the thorn in his foot through another thorn, so also the impure mind should be slain by the pure mind.

He who has annihilated the lower or the impure mind drives away rebirths to a great distance from him. The pure Vasanas with which the sage performs actions cannot produce rebirths for him.

All impure Vasanas are fried in toto when you get knowledge of the Self or Brahma Jnana. Meditation, Japa, Kirtan, practice of Pranayama, Brahma Vichara, study of religious books and Satsanga generate pure Vasanas.

When the mind is freed from the desires for objects and when it rests in the Self or Atman, you will enjoy Eternal Bliss. When the mind is freed from all cravings or longing for objects, when it is controlled in the heart, when it attains the reality of the Atman, you will attain Moksha or the final beatitude of life.

O beloved Ram! Do not allow your mind to fluctuate. Render your mind ever free from all longings after material objects. Annihilate the impure or lower mind with the help of the pure or the higher mind and transcend the higher mind also. May you be as firm as a rock! May you be endowed with the pure or Sattvic mind! May you ever rest peacefully in the All-blissful Self!

## **Vedanta is Living Experience**

### **Swami Sivananda**

VEDANTA is today a much abused term. All sorts of vanity, hypocrisy and self-conceit have been masquerading in its name. It has become the fashion of the day to pass for a Vedantin as it is then convenient to give up all sorts of responsibilities, rituals and restrictions of the Varnashrama Dharma and enables one to lead a happy-go-lucky life of ease, lethargy and inertia. The Punjab is full of dry, lip-Vedantins. Punjabi women have also taken to Vedanta and they take great pride in calling themselves Vedantins, whether or not they understand the philosophy, whether or not they do any practice. All retired officers who have not done any selfless service or any Sadhana or worship or charity take to Vedanta as a sort of fancy.

Thus Vedanta has become a very comfortable philosophy, because one can do whatever he chooses and eat whatever he likes. Licentiousness is mistaken for a life of expansion. If a man can eat anything in any hotel in any part of the world, if he can move socially with any man or woman, that does not mean, he is a Vedantin. There is much tall talk of Vedanta nowadays. There is idle Vedantic gossiping. But there is no practical Vedanta. Nobody wants to do any real solid Vedantic Sadhana. Man feels ashamed to call himself a

Bhakta, but he takes great pride in calling himself a Yogi or a Vedantin, because he foolishly imagines he will be respected by the public. Many ignorant Vedantins have mistaken the body for Brahman and hence there is corruption amongst the so-called loose Vedantins. This is not only lamentable but also highly deplorable.

Wholesale preaching of Vedanta to the Masses is not advisable. It will result in chaos, bewilderment and stagnation. Grasping of Vedantic principles and a right understanding of the philosophy and Sadhana are very difficult. Vedanta is for a select few who are equipped with the four means of salvation or Sadhana Chatushtaya and who have removed the impurities of their minds and mental oscillation through constant practice of Nishkama Karma Yoga and Upasana. The path of Vedanta is not so easy as it is generally supposed to be. It is a sharp razor-edge path. Therefore, those who preach Vedanta to the masses do more harm than any good. They are misleading the people.

It is very, very easy to say, "Soham—I am He, Sivoham—I am Siva, Aham Brahma Asmi—I am Brahman" like a parrot, but to live in the very spirit of Vedanta, to feel the oneness or unity of consciousness, to become 'That' in

reality and to radiate the Brahmic Bliss, Joy and Peace is an extremely difficult affair. While repeating 'Soham', if his mind is easily upset when another utters a single harsh word, and if he begins to fight with that man vehemently, there is no use at all in that repetition. It is mere hypocrisy. He will not be able to influence others. People will take him for a cheat.

Vedanta is not merely a concept or a dogma. It is neither a theory nor a dry philosophy for contention and argumentation. It is the actual life of perennial joy in Brahman or Truth. A single practical Vedantin like Sankara could move the whole world. A practical Vedantin will outweigh a thousand and one

Sandows when weighed in a balance. A practical Vedantin possesses tremendous inner spiritual strength. The whole world rejoices at the sight of a real practical Vedantin. Practical Vedanta is a living experience, the melting of the individual self in the ocean of consciousness or the Supreme Self. The experiencer exclaims with inexpressible joy, "All indeed is Brahman. All differences, distinctions, qualities have vanished. I see Brahman and Oneness everywhere. I am Brahman."

## **You Are The Light** **Swami Chidananda**

A disciple rang up and asked for blessings that he may attain Illumination, and said: "Today (being Dipavali) all of India is illuminated with millions of lights taking away darkness. While everything is bright outside, but within me there is only darkness. The light of that inner awakening has not yet started to shine forth with me."

The thing he had to do was to get rid of this wrong notion that there is no light within, that there is only spiritual darkness. "Who told you this? Have I not repeated many times, 'I am in the Light. The Light is within me. I am the light'? Why cling to the wrong notion that there is no light within? Have not all the scriptures told you that the indwelling Divinity is your reality, that the Light of lights beyond all darkness shines in Its non-dual splendour where the knower, the Thing known and the process of knowledge sink into oblivion? The triplet disappears. There is only the experience of Consciousness. And that Light dwells in all hearts. *Jyotishaamapi tajjyotistamasah paramuchyate; Jnaanam jneyam jnaanagamyam hridi sarvasya vishthitam* - That, the Light of lights, is said to be beyond darkness; (That which is) knowledge, the knowable and the goal of the knowledge, abides in the hearts of all." [Gita 13.17]

"You have only to stop thinking that there is no Light. You are the Light of lights, which can supply radiance to everything it comes into contact with. It can light up million lights. Establish yourself in an unshaken manner in this truth. Abide in the awareness: 'Within me there is no darkness. I am the Light of lights. Divine radiance is my name. I can supply light to the whole world.' Try to practise this truth. Abide in this fact. Do not be fearful of non-existent darkness."

He answered: "Please bless me to understand all that you are saying." Then I told him: "All these words are nothing but one hundred per cent blessing only. A spiritual teacher does not strike a pose, raise hand in some benedictory posture, and then pronounce in a big dignified way, 'My son, I bless you. He lives blessings. *He is blessings. What he says, what he speaks, what he is doing is blessing.* He is nothing but perpetual blessing in all that he thinks, feels, speaks, acts and lives. The way that lives is also a blessing. Recognise the blessing. Know it as such. Blessing is there." And I concluded, "You are the Light."

## **Pain is a Blessing in Disguise** **Swami Chidananda**

Unknown to you, the Divine has been shaping you gradually for the noble, sublime life spiritual through various means. He has been putting opportunities in your way, and bringing obstacles; giving bitter experiences. God does more miracles through painful and unpleasant experiences than He does through pleasant experiences.

Pain is an eye-opener. When one realises the ground truth that association with all temporary things is fraught with sorrow, then only our journey to Eternal begins. Sorrow, therefore, seems to have some purpose. Pain is a blessing in disguise. Pain turns your mind towards God, in whom alone there is lasting happiness and peace. This mundane life is full of miseries. Life is not a bed of roses. Ups and downs, troubles and tribulations are common in this world. There is no way to escape from them. The reactions of one's past actions have to be gone through.

There are many instances of those who had to undergo a lot of sufferings: Harishchandra, Nala, Dharmaraja, Savitri, Damayanti and Draupadi. Even Lord Christ had to undergo a lot of suffering.

God sometimes puts His devotees in difficult situations in order to strengthen them spiritually. Face them bravely. Each obstacle will strengthen you. Each failure is a stepping-stone to success. Please be happy in whatever circumstances God has placed you. Have intense faith in Him. Rely on Him, He knows what is best for you. Pray to God to give you strength to face them calmly. He will protect you and guide you.

Difficulties come in our path to test our strength. As such, we should welcome them. And with faith and trust in the Lord and His holy Name, we should tide over them. Remember: even this will pass away. God's ways are mysterious. The world is the play of God. Be a witness in this play.

God is kind and merciful. Therefore, despair not. Be calm and serene. It is worry that weakens the mind and body. You cannot remove worries by worrying. Be ever cheerful and happy. All unpleasant happenings are so much 'account settled', and makes your burden lighter. There must be unshaken faith in God during trials, disappointments and difficulties. Ever be rooted in God. Hope and help come when one is utterly helpless. He is *Karunanidhi*, kind and all love.

There is no end to His mercy. Those who surrender to Him will have no fear.

## Quest For Peace Swami Chidananda

We talk constantly about peace—it is one of the most popular topics of discussion in the world today. Peace between nations, peace in our societies, peace in our schools, peace in our families, peace within ourselves. Yet, although billions of dollars and millions of hours are spent each year on think tanks, brainstorming sessions and international conferences, this much-desired peace continues to elude us.

What is the secret of finding this elusive treasure? Let us discuss it. Because without peace both inner and outer—all is meaningless. We can spend millions of dollars building posh downtown centres in our cities, but if we are at war with another country, they will bomb that centre to ashes in a second. We can spend thousands of dollars building beautiful homes, but if our neighbourhood is our enemy, our windows will be smashed and our new lawns destroyed. We can work hard and successfully at our jobs, but if we come home to turmoil in the house, there is no joy in the success obtained at work that day, for there is no one with whom to share. We can devote ourselves to obtaining high education, top credentials and a beautiful figure. However, if we are miserable inside, no outer achievement will ever pacify us.

Recently in Chicago a woman came to see me. She told that she was stressed and tense. She said that in order to sleep at night she took a pill called calmpose. I told her that she did not need to take calmpose. "Just calm you pose", I said "And you will sleep beautifully at night and be peaceful all day." If we are peaceful inside, humble inside, then nothing outside can ruffle us. So, the first message today is, calm your pose and you will never need to take calmpose.

The obstacles and the solution are buried in this statement. Listen: I want peace. What do we have? An 'I', a 'want' and a 'peace'. If you remove the 'I' and the 'want', what is left out? Peace. You do not have to look for peace, find peace or create peace. All you have to do is remove the 'I' and remove the 'want' and peace stands there in its full glory for the entire world to imbibe. It is the 'I' and the 'want' which obscure this treasure from our view.

So, how to remove these? First let's talk about the 'I'. 'I' is one of the greatest obstacles to peace. 'I' is our ego. 'I' is our sense of ownership, doership and pride. This 'I' says, "I want to be in the centre." Isn't it true? We always want to be the ones getting the glory, the appreciation, the prestige. Even when we don't do anything still we want to be appreciated. That is our downfall.

We are so proud, this 'I' is so proud. It thinks, "Oh, I am so successful. I am so good." But the truth is that we only go to work; God works. We can do nothing without His grace. One minute we are at our desks, acting like king of the world. The

next minute, one nerve, just one microscopic nerve in our brain fails and we can no longer speak or write. One small blockage in one tiny blood vessel and we cannot even go to the bathroom by ourselves. We must be fed and taken care of for the rest of our lives.

So, what to be proud of? He works. We just go to work. As soon as we realise this, then we can take our little 'I' and merge it in the big 'I', the universal 'I', the divine 'I'. Then we surrender our lives and our every action to Him. Then we say, "God, let my tiny drop of water merge with your great ocean. Let me be a tool for Your will and Your work."

It is through this selfless surrender to Him, that the pain of the 'I' is removed and with that all our troubles and unrest disappear.

Remember, we said "I want peace". 'I' and 'want' are the barriers of peace. If you remove them, then there is nothing left but peace. So, first we merge this individual, obstructing 'I' with the divine 'I', the universal 'I' and in doing so we become free of the pride, ego and tension which block our attainment of peace.

Then, we remove the 'want', our wants, our perceived needs, our desires. What obstacles these are to peace? The more we have, the more we want. People always think that if they attain something more, whether it's more money, a better job, a degree, a good husband, then they will be happy.

It is not the having or not having that is the issue. The issue is the wanting, the yearning and the expecting. These external things never bring any lasting happiness.

We must give more and want less. Then, we will know true joy and peace.

Peace comes through prayer. It doesn't matter what name you use for God or what language you pray in. You can pray to Allah in Arabic, or you can pray to Jesus in English, or you can pray to Adonai in Hebrew, or you can pray to Lord Buddha in Japanese, or you can pray to Lord Krsna in Sanskrit. It doesn't matter what name or form you use. It doesn't matter what language you pray in. Just pray. And then you will see the magic. The fruit of prayer is faith. The fruit of faith is love. The fruit of love is devotion. The fruit of devotion is service. The fruit of service is peace.

Through this—prayer, faith, love, devotion and service—we will all, inevitably attain that sought-after state of inner peace. Then, when we are at peace inside, that harmony will radiate out to all those around us, bringing peace to our relations, peace to our communities, peace to our nations and finally peace to the world.

## 125th Birthday Celebration of Pujya Swami Sri Sivanandaji and Commemoration of the 13<sup>th</sup> anniversary of Pujya Swami Chidanandaji's Australia visit

**Revered Sri Swami Chidanandaji Maharaj** the spiritual successor of His Holiness Swami Sivanandaji Maharaj was in the words of his own master a great soul, an ideal yogi and a parabhakta. Swamiji's life was a practical demonstration of the message and teachings of his Master Swami Sivananda,

Swamiji taught us that liberation is here and now, but we must choose to live in the Divine and refuse to be lost in worldly desires and pursuits. His talks were the outpourings of his saintly heart and the revelations of his intuitive wisdom. His teachings are always directed at the universal Divinity within each of us. His Holy Being had been radiating such sweet, unconditional love that no one can deny the profound peace experience in His presence.

The Divine Life Society has planned following activities:

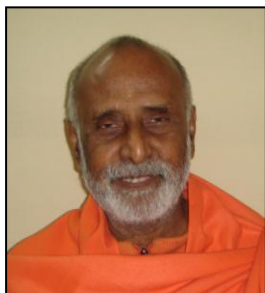
### **Drama programme on life of Pujya Swami Sri Sivananda**

The Divine Life Society of Australia is indeed blessed and is inspired to present a drama on the life of illumined Sage, "**Swami Sivananda – From Man to God-Man**" on 5<sup>th</sup> May 2012. 'Ananya Samarpana', a well known drama group in Sydney, has agreed to coordinate and perform this drama on H.H. Sri Swami Sivanandaji Maharaj. Being a part of the Sivananda Parivar, we request to see the inspiring drama programme. We would highly appreciate your kindly support by selling tickets and providing advertisement in the souvenir. Details of the drama programme are available from

Dr Asha Gupta 9764 6604, Vijay Gokarn - 0411450321 and Lakshmi - 8840 9733.

### **Swami Sri Padmanabhananda**

Sri Swami Padmanabhanandaji, born in 1935, in an orthodox Brahmin family to pious parents in Kottayam, Kerala, is a disciple of Brahamaleen Parama Pujya Sri Swami Chidanandaji Maharaj, Past President, The Divine Life Society (Headquarters).



An Engineer in the Government of Kerala, he renounced his career and took to life of renunciation to qualify himself for ministering to the Soul of man. He studied Vedanta (Prastanatravi) and Scriptures in typical Gurukula Samparadaya under a great Master in a Gurukula on the bank of Kaveri River, Tamil Nadu.

Swamiji is a scholar in Vedic Scriptures as well as in Puranic texts. His deep knowledge and lucid exposition of Srimad Bhagavata, Upanishads, Bhagavad Gita, Narada Bhakti Sutra and Patanjali Yoga Sutras and other Scriptural texts has made him a popular guide to Spiritual aspirants. He has been conducting classes on Upanishads and Gita with Sankara Bhasya to the inmates of the Ashram and in the Yoga Vedanta Forest Academy and also guides on Meditation and Stress Management in Corporates. He has

been contributing articles on scriptures to well known magazines. His simplicity, transparent deep faith in the Divine force and surrender to the Supreme has made him a combination of Jnana, Bhakti and Vairagya.

Swamiji is doing his Seva to his Master as the General Secretary of the Divine Life Society Headquarters, Shivanandanagar, Rishikesh.

A senior monk of the Divine life Society under the leadership of the present President, Sri Swami Vimalanadaji Maharaj, Sri Swami Padmanabhanandaji continues to work vigorously to spread the Divine Life Gospel, summed up by the Grand Master, Sri Swami Sivanandaji in six succinct words: "**Serve, Love, Give, Purify, Meditate, Realize.**"

### **Visit of Pujya Swami Sri Padmanabhanandaji**

We are fortunate that Pujya Swami Sri Padmanabhananda, General Secretary of the Divine Life Society, Rishikesh will be present to commemorate the 13<sup>th</sup> anniversary of Pujya Swami Chidanandaji's Australia visit. Details of the programme arranged are as follow:

## Pujya Swami Padmanabhanandaji's Programme:

Location	From	Details	Contact
Singapore	16 to 19 April 12		
Perth	20 & 25 April 12	Various programme	Chandra - (08) 9310 2219
Canberra	26 to 30 April 12	Travel to Canberra	Manish Chopra 6285 0105 Radha Sharma 6258 6925 Prakash Mehta 6259 3057
Sydney	4 May 12	7.0pm to 9.30pm Satsang	<b>Sydney Programme:-</b> Asha Gupta – 9764 6604 Vijay Gokarn: 9801 5900 Lakshmi - 8840 9733
	5 May 12	5.45pm to 9.00pm Drama	
	6 May 12	7.0am to 9.00am Mantra initiation	
New Zealand	9 to 14 May 12	New Zealand	Kribba Moodley: +64-9-298 2041
Sydney	15 May 12	Return to India	

## UPCOMING PROGRAMMES

### MONTHLY SATSANG:

- Sunday 01 April 2012 – 4 pm to 5.30 pm**  
Address: 16 Threlfall Street, Eastwood NSW-2122  
Contact: Lalita and Vijay Gokarn Tel: 0411 450 321
- Sunday 03 June 2012 – 4 pm to 5.30 pm**  
Address: 7 Grandview Court, Bella Vista NSW- 2153  
Contact: Gopi and Sudha Rao Tel: 9620 7583

## DLS AUSTRALIA BRANCH CONTACTS

### Contact Us:

Website - [www.dlsaus.org](http://www.dlsaus.org)

DLSA on Facebook: <http://www.facebook.com/dlsaus>

Recordings of Skype Satsangs on YouTube: <http://www.youtube.com/user/thedivinelifesociety>

Recording of bhajans etc. by DLS Australia devotees at YouTube: <http://www.youtube.com/user/dlsaus>

Daily quotes from Gurudev Swami Sivananda on Facebook: <http://www.facebook.com/SwamiSivananda>

Daily quotes from Sri Swami Chidananda on Facebook: <http://www.facebook.com/SwamiChidananda>

Updates on HQ on Facebook: <http://www.facebook.com/TheDivineLifeSociety>

## DLS Australia DIVINE ACTIVITIES

### HINDI CLASSES FOR CHILDREN:

#### Strathfield:

Dr. Asha Gupta has been conducting classes and teaching the Hindi language and culture to the children  
Every Saturday, Time 11.30am-2.30pm. Place: Homebush Boys Highschool, Room No-76,  
Contact: Dr Asha Gupta; Phone: (02) 9764 6604

### DLSA GUIDED MEDITATION (ONLINE)

Every Saturday morning: **Meditation** from 6:00 am to 6:30 am;

**Login SKYPE and connect dlsaus :-** from 5:45 am to 5:55 am

CONTACT - sushil.kumar.sydney@gmail.com, msankarramiah@yahoo.com, karoreddy@optusnet.com.au

### LIBRARY:

Books published by the Divine Life Society headquarters can be borrowed from the library at

#### Wentworthville:

85, Thane Street, Wentworthville, NSW-2145; Contact: Guntant Vaghela Phone: (02) 9688 3312

**Eastwood:**16 Threlfall Street, Eastwood , NSW-2122 **Contact:** Vijay Gokarn Phone: (02) 9801 5900 or 0411 450 321**ACTIVITIES OF BRANCHES AND SIVANANDA FAMILY****CANBERRA****Satsang:** *First Sunday of each month**Address:- 7 Longford Street, Lyons, Canberra;***Contact - Manish Chopra** Ph. 62850105, Mob. 0400690204**Lunch time Yoga, Pranayama, Meditation****Contact: Radha Sharma** (02) 6258 6925; **Subhas Chandra** (02) 6294 4344**MELBOURNE** *Monthly Satsanga held first Saturday of every month at*

15 Bareena Grove, East Doncaster, Victoria 3109 at 6 pm.

All are welcome. For more information Tel (03) 9395 1840

**Contact: Sri P.B. Shah** Phone: (03) 9395 1085**Molloy Sivananda Ashram, North Queensland**

For activities at the ashram, Contact: Ms Hilary Perry-Keene, 20 Fraser Road,

Mount Molloy, N.Q. 4871; Contact: Phone - (07) 4094 1168

**Sivananda Yoga Vedanta Centre; Katoomba****Yoga and meditation classes:** for beginners, Intermediate and advance group.

For regular activities of Yoga and Meditation at the Ashram,

**Contact: Kamaladevi - (02) 4782 3245 Email - KamalaDevi@bigpond.com****FESTIVALS AT A GLANCE: 2012**

APRIL		MAY		JUNE	
3	Ekadasi	2	Ekadasi	1	Anniversary of Sannyasa Diksha of His Holiness Sri Swami Sivanandaji Maharaj
4	Pradosha Puja; Vardhamana Mahavira Jayanthi	3	Pradosha Puja	2	Pradosha Puja
6	Chaitra Purnima; Sri Hanuman Jayanthi	4	Sri Narasimha Jayanthi	4	Purnima
13	Mesha Sankranti (8:46 P.M.);	5	Sri Kurma Jayanthi	15	Ekadasi
17	Ekadasi	5/6	Purnima	16	Pradosha Puja
18	Pradosha Puja	6	Sri Buddha Jayanthi	19	Amavasya
20/21	Amavasya	16	Ekadasi	30	Ekadasi ( <i>Hari Sayani</i> )
23	Sri Parasurama Jayanthi	18	Pradosha Puja		
24	Akshaya Tritiya	20	Amavasya		
26	Sri Adi-Sankaracharya Jayanthi	30	Ganga Dussehra		
27	Sri Ramanujacharya Jayanthi	31	Ekadasi ( <i>Nirjala</i> )		
28	Sri Ganga Saptami				